

# January 2023


## Elementary Lunch

Eagleswood Twp. School District



= Vegetarian Ingredients = Gluten-Free Ingredients

**CAFÉ CONTACT INFO:**  
 Michael Simoncini- LEH@nsfm.com  
**Milk:** Skim Chocolate, 1% White  
 \*Menu subject to change. Supply chain issues continue to permeate the food service industry leading to product stockouts. We are doing our best to serve what is menued & when that is not possible choosing the best possible substitute. This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>2</b></p> 	<p><b>3</b></p> <p><b>Chicken Nuggets</b>                      w/ a Biscuit                      Garden Salad w/Cheese Stick                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Corn                      Fruit of the Day</p>	<p><b>4</b></p> <p><b>Mini Pancakes</b>                      W/ Bacon Strips                      Garden Salad w/Cheese Stick                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Tater Tots                      Fruit of the Day</p>	<p><b>5</b></p> <p><b>Hot Dog</b>                      On a Bun                      Garden Salad w/Cheese Stick                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Fresh Broccoli-w/Dip                      Fruit of the Day</p>	<p><b>6</b></p> <p><b>Pizza Time!</b>                      Cheese or Pepperoni                      Garden Salad w/Cheese Stick                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Green Beans                      Fruit of the Day</p>	
<p><b>9</b></p> <p><b>Chicken Tenders</b>                      w/ Dinner Roll                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Corn                      Fruit of the Day</p>	<p><b>10</b></p> <p><b>Soft Beef Taco</b>                      w/ Toppings                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Refried Beans                      Fruit of the Day</p>	<p><b>11</b></p> <p><b>French Toast</b>                      W/ Sausage                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Tater Tots                      Fruit of the Day</p>	<p><b>12</b></p> <p><b>Cheese Burger</b>                      On a Bun                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Fresh Broccoli-w/Dip                      Fruit of the Day</p>	<p><b>13</b></p> <p><b>Pizza Time!</b>                      Cheese or Pepperoni                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Green Beans                      Fruit of the Day</p>	
<p><b>16</b></p> 	<p><b>17</b></p> <p><b>Nachos Grande</b>                      w/ Toppings                      Cheddar Popcorn Chicken Salad                      Turkey &amp; Cheese Sandwich  <u>Sides:</u>                      Refried Beans                      Fruit of the Day</p>	<p><b>18</b></p> <p><b>Mini Pancakes</b>                      W/ Bacon Strips                      Cheddar Popcorn Chicken Salad                      Turkey &amp; Cheese Sandwich  <u>Sides:</u>                      Tater Tots                      Fruit of the Day</p>	<p><b>19</b></p> <p><b>Hot Dog</b>                      On a Bun                      Cheddar Popcorn Chicken Salad                      Turkey &amp; Cheese Sandwich  <u>Sides:</u>                      Fresh Broccoli-w/Dip                      Fruit of the Day</p>	<p><b>20</b></p> <p><b>Pizza Time!</b>                      Cheese or Pepperoni                      Cheddar Popcorn Chicken Salad                      Turkey &amp; Cheese Sandwich  <u>Sides:</u>                      Green Beans                      Fruit of the Day</p>	
<p><b>23</b></p> <p><b>Chicken Nuggets</b>                      w/ a Biscuit                      Garden Salad w/Sliced Egg                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Corn                      Fruit of the Day</p>	<p><b>24</b></p> <p><b>Soft Beef Taco</b>                      w/ Toppings                      Garden Salad w/Sliced Egg                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Refried Beans                      Fruit of the Day</p>	<p><b>25</b></p> <p><b>French Toast</b>                      W/ Sausage                      Garden Salad w/Sliced Egg                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Tater Tots                      Fruit of the Day</p>	<p><b>26</b></p> <p><b>Cheese Burger</b>                      On a Bun                      Garden Salad w/Sliced Egg                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Fresh Broccoli-w/Dip                      Fruit of the Day</p>	<p><b>27</b></p> <p><b>Pizza Time!</b>                      Cheese or Pepperoni                      Garden Salad w/Sliced Egg                      Ham &amp; Cheese Sandwich  <u>Sides:</u>                      Green Beans                      Fruit of the Day</p>	
<p><b>30</b></p> <p><b>Chicken Tenders</b>                      w/ Dinner Roll                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Green Beans                      Fruit of the Day</p>	<p><b>31</b></p> <p><b>Nachos Grande</b>                      w/ Toppings                      Chef Salad                      Italian Hoagie  <u>Sides:</u>                      Refried Beans                      Fruit of the Day</p>	<p><b>Lunch Includes:</b>                      Protein Grain Fruit Veggie Milk                      Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits &amp; 2 veggies! All salads come with a grain. Daily Fruit offerings include: Fresh, Cupped &amp; 100: Juice. <b>Milk:</b> Skim Chocolate, 1% White</p> <p>Student Breakfast: \$1.40                      Student Lunch Paid: \$3.00                      Milk \$.65                      Free &amp; Reduced Status: free!</p>			<p><b>DAILY ALTERNATES:</b>                      These 2 options are available daily!</p> <ol style="list-style-type: none"> <li><b>Cereal Lunch</b>                      (Assorted Cereal, Goldfish Crackers, Yogurt &amp; Cheese Stick) Gluten-Free Options are available!</li> <li><b>PB &amp; J Sandwich</b></li> </ol>

View your lunch account: [www.schoolpaymentportal.com](http://www.schoolpaymentportal.com) | View interactive menus: [yourschool.nutrislice.com](http://yourschool.nutrislice.com)



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