

Eagleswood Township Elementary School
AED/CARDIAC EMERGENCY ACTION PLAN

- Step 1 Notify Superintendent/designee/school office of possible cardiac emergency.
 Send a student to get the nurse.
- Step 2 In the absence of the nurse, notify one of the CPR/AED trained staff members
 (refer to list)
- Step 3 Keep area clear. Move all students to another room. If this is a true cardiac
 emergency, at nurse's direction, get AED from cabinet outside library and bring
 to victim's location.

IF YOU ARE ALONE AND ARE NOT TRAINED IN CPR, FOLLOW THESE DIRECTIONS

- Step 1 Attempt to get a reaction from victim by shaking shoulders and shouting "Are
 you okay?" If no response, leave victim, call 911 and retrieve AED from cabinet
 outside library.
- Step 2 Roll victim on back. Lean over and look, listen and feel for breathing. If none,
 start compressions.
- Step 3 Find center of chest and, using the heels of your hands (one on top of the other),
 push hard and fast on the chest. Push down at least 1/3 to 1/2 depth of the chest.
 Push 30 times.
- Step 4 If you feel comfortable doing so, open the victim's airway by tilting forehead
 back and raising chin and give victim 2 breaths. Return to compressions.
- Step 5 If you feel comfortable, open the AED and follow the voice commands.
- Step 6 At your earliest convenience, take a CPR course!

** Note: User friendly instructions are in the AED case **

CPR

NO BREATHING

1. GIVE 30 CHEST COMPRESSIONS

Push hard, push fast in the middle of the chest at least 2 inches deep and at least 100 compressions per minute. *Tip: Person must be on firm, flat surface*

2. GIVE 2 RESCUE BREATHS

- Tilt the head back and lift the chin up.
- Pinch the nose shut then make a complete seal over the person's mouth.
- Blow in for about 1 second to make the chest clearly rise.
- Give rescue breaths, one after the other.

Note: *If chest does not rise with rescue breaths, re-tilt the head and give another rescue breath.*

3. DO NOT STOP

Continue cycles of CPR, do not stop CPR except in one of these situations:

- You find an obvious sign of life, such as breathing.
- An AED is ready to use
- Another trained responder or EMS personnel take over.
- You are too exhausted to continue.
- The scene becomes unsafe.

4. WHAT TO DO NEXT

WHEN AED BECOMES AVAILABLE, OPEN COVER OF AED, PUSH "ON" BUTTON AND FOLLOW THE VOICE PROMPTS AND PICTURES.

CONTINUE UNTIL RESCUE WORKERS ARRIVE TO TAKE OVER



CPR/AED Trained Staff

The following staff members have been trained in CPR and use of the AED

Susan Bentley	Expires 12/2023
Jaclyn DiCapua	Expires 03/2024
Felicia DiRocco	Expires 03/2024
Sue Emanuel	Expires 02/2024
Michelle Fontana	Expires 03/2024
Tracy Hughes	Expires 03/2024
Allison Krott	Expires 03/2024
Karen O'Keefe	Expires 03/2024